



PPS,

- , , , , ,

- , 8 -

- , 11 \*

- : 12 7- (

, AB3E.g  
6- : 16-17

18:30 .m.

.m.)

- 3 WSMS Gym (6:30-8:30

- - : , 8 ( )

- , 9 6 .m Lincoln HS

8-

10 ( )

<https://www.pilathletics.com/>

| fp30Za5CBU45.05P30Z92y4p&E  
VIB50E5CBU45.05P30Za5CBU4rfp30Z92y4p&E

| | ) ( | ) (

MYP

20

, 2735 NE 82nd Ave.

, 13

15:45 18:30.m.

2019

COVID-19

COVID-19

, 16

PPS:

West Slope

WSMS!

WSMS,

WSMS

Instagram @[west.sylvan.foundation](https://www.instagram.com/west.sylvan.foundation)

[thecrepeaux@gmail.com](mailto:thecrepeaux@gmail.com).



,

!

,

,